

# Hawaii Marine

## ‘Island Warriors’ take break from surf to ski

Lance Cpl. Suzanna Lapi  
*Marine Corps Base Hawaii*

**MOUNTAIN WARFARE TRAINING CENTER, BRIDGEPORT, Calif.** — Marines with Echo Company, 2nd Battalion, 3rd Marine Regiment, made the transition from sand to snow and took to the slopes during ski tour training at Mountain Warfare Training Center Bridgeport, Calif., April 3.

The “Island Warriors” conducted training at Bridgeport in preparation for operations in colder temperature, higher altitude environments. Each company in 2nd Bn., 3rd Marines, participated in various training exercises for approximately one month.

Staff Sgt. Mathew Black, an MWTC unit training instructor and native of Wellsville, N.Y., said the Marines need to be relaxed in the snow while conducting the exercises.

“They have been learning half-flat ground technique, which is basically cross-country skiing,” Black said. “We teach them diagonal strike, double pole, up and downhill kick turns, breaking, how to properly fall, and basic athletic stances. They also learn where to use these techniques on the appropriate terrain.”

Seaman Elias Sandoval, a platoon corpsman with Echo Company and native of Oceanside, Calif., said the training is important for the Marines so they know the consequences of their environment.

“They need to be aware of the symptoms of high altitude sickness,” Sandoval said. “In this setting, they have to understand the changes their bodies experience. Most of the time, it’s simple injuries that are easily preventable. If their feet get wet, they need to change their socks. Preventing easy injuries means there will be more people on the battlefield, which helps the corpsmen to focus on more serious injuries.”

Black said the training helps the Marines get in shape and get their “ski legs.”

“They are training for 10 days, day and night, and each day we focus on more techniques,” Black said. “After learning basic mobility, we want them to be comfortable with snow movement during attacks,



Lance Cpl. Suzanna Lapi | Hawaii Marine

**Lance Cpl. Justin Hoppis, a machine gun squad leader with Echo Company, 2nd Battalion, 3rd Marine Regiment, skis with his fellow Marines during ski tour training conducted at Mountain Warfare Training Center in Bridgeport, Calif., April 3.**

patrolling and defense. All of this training is for future deployments in cold weather areas that incorporate snowy terrains and high elevations. The Marines will use this training effectively, and therefore be successful in such settings.”

Lance Cpl. Justin Hoppis, a machine gun squad leader with Echo Co., 2nd Bn., 3rd Marines and native of Tulsa, Okla., said the training was rough, but worth it.

“I noticed that if I refrained or held back in any way, I would make a mistake,” Hoppis said. “But if I just went for it and committed to it, I was successful.

This training has been a bonding experience for us, because we are all doing this for the first time and making mistakes together.”

Lance Cpl. Jonah Siedl, a team leader with Echo Co., 2nd Bn., 3rd Marines and native of Goshen, Ind., said the skiing exercises and maneuvers helps Marines be versatile.

“Learning how to ski is something new and different for us,” Siedl said. “Everything else we do like hiking and digging is second nature. This training makes us adaptable, able to fight in every clime and place.”

## 3rd Radio Battalion trains to deploy

Lance Cpl. Nathan Knapke  
*Marine Corps Base Hawaii*

**KAHUKU TRAINING AREA, Hawaii** — Marines and sailors with the 3rd Radio Battalion perfected essential skills during a 10-day mission rehearsal exercise here at the Kahuku Training Area, Monday.

The Marines were evaluated and certified before being sent on deployment.

“These training exercises are one of the best ways we can become proficient with the equipment we use during a deployment or while serving on a Marine expeditionary unit,” said Lance Cpl. Taylor Gondeck, radio operator with 3rd Radio Bn., and a native of San Antonio, Texas. “Our command expects more and more of us each time we come out here. Every training exercise has new challenges, and they expect us to know how to react to any given situation.”

Every Marine, regardless of rank, within the battalion was evaluated during the exercise. These measures were to ensure that the battalion’s top leaders all the way to the newly enlisted were able to perform their duties.

“We are also critiqued as leaders, but its really getting to evaluate all Marines in our command,” said Gunnery Sgt. Christopher Donaldson, staff noncommissioned officer of 3rd Radio Bn. detachment 31, from Springfield, Ill. “We want to make sure every Marine is meeting the standards, and if they



Lance Cpl. Nathan Knapke | Hawaii Marine

**A Marine with 3rd Radio Battalion guides a humvee during a 10-day mission rehearsal exercise at Kahuku Training Area, Monday.**

aren’t, we will train more.”

Marines went to Kahuku Training Area’s Military Operations on Urban Terrain Facility to practice insurgency patrols. As the Marines approached the town, a possible insurgent ran out to meet the Marines while waving his hands in the air and speaking in a foreign language, forcing them to decipher the situation.

They set up security and began to question all civilians on the location

of a possible insurgent. After clearing the area, they soon figured out it was the man that ran out to them on their arrival. The Marines then followed through with their orders of operation and completed the mission successfully.

Marines with 3rd Intelligence Battalion from Okinawa, Japan, analyzed information during the exercise in cooperation with 3rd Radio Bn.

“We wanted to understand how 3rd Radio and 3rd Intelligence would work together on a larger scale,” said Chief Warrant Officer 4 Christopher Muni, exercise and control lead planner for the mission rehearsal exercise here, and a native of Buffalo, N.Y. “We are perfecting our signals intelligence between the two battalions to improve unit cohesion before we deploy together.”

Third Radio Marines faced a variety of scenarios, covering any threat or situation they may encounter during deployment.

Marines needed to carry a gas mask in case of a chemical attack, which could occur at any time, represented by smoke emanating from a thrown grenade. Marines stopped, deployed their gas mask and continued the mission.

Not every task Marines performed during the exercise was in preparation for war or attack. Humanitarian missions had Marines practice providing for those in need.

“We are training for humanitarian relief assistance and disaster relief in case of tsunamis or natural disasters,” said 1st Lt. Andrew Heck, officer in charge for 3rd Radio Bn.’s mission rehearsal exercise at KTA, and a native of Zionsville, Ind. “All the training during the 10-day training exercise is to prepare Marines for real-life experiences in support of the 31st Marine Expeditionary Unit and Joint Special Operations Task Force – Philippines.”



**Kickball of all**  
MCB Hawaii supports prevention of child abuse, **B-1**



**Honoring Hawaii ancestors**  
Polynesian Cultural Center unveils new film, improved village, **C-1**





# NEWS BRIEFS

## Volunteer opportunity at the Honolulu Zoo

The Navy League is seeking volunteers for Military Appreciation Day at the Honolulu Zoo. The event will take place Sunday, May 19 from 9 a.m. to 2 p.m. Volunteers should plan to arrive by 7:30 a.m. and leave after the event ends. Volunteers will be working in various areas such as food service and running games. Volunteers should wear shorts and closed-toe sneakers. Minimum age for volunteers is 16. An event T-shirt will be provided upon arrival. Contact Johanna Marizan-Ho at 257-8876 or johanna.marizanho@usmc.mil.

## Base tax center open for tax season

The base tax center is currently open to all Marine Corps Base Hawaii service members, retirees and reservists. Hours of operation are from 8 a.m. to 4:30 p.m. Please bring all W-2s (including spouse's), bank account and routing numbers, a copy of last year's tax return, all other tax forms (1099s, etc.) and Social Security cards for all family members. The tax center is located at building 455 on the first deck. Building 455 is across the street from Forest City and adjacent to the Youth Activities Center. For details, call 257-1187.

## Weed Warriors needed

The Environmental Compliance and Protection Department seeks volunteers for its regular weed warriors event. Come join community volunteers and environmental staff to remove weeds from native fish and wildlife wetland habitats on base. See up-close and learn about native plants and birds. The event will take place on Saturday, from 8:30 to 11:30 a.m. Volunteers will meet at the turnoff to Bellows Beach (intersection of Tinker Road and Kalaniana'ole Highway) at 8:15 a.m. and proceed with Environmental personnel to the work site. The base will provide cotton gloves and tools. Volunteers should bring water, wear old clothes, closed-toe shoes and sunscreen. You will get wet and muddy. Letters of Appreciation will be issued to all active duty personnel. For details, call Krista Read at 257-5317.

## Base chapel seeks performers, praise leaders

The Chaplain Joseph W. Estabrook Chapel's 8 a.m. Sunday Protestant Worship Services' praise team members will be leaving in the next six to eight weeks. If you are able to sing in or lead a worship praise team (Contemporary and/or Traditional songs) and are available on Sundays at 8 to 9 a.m., call Chaplain Bob Crabb at 257-2734. Musicians also needed and welcome.

## Marine Thrift Shop Kaneohe Bay hiring

Marine Thrift Shop Kaneohe Bay has positions open for a manager, a cashier and a lead cashier. Those interested in working at the thrift shop can contact the shop at 636-9074 or marinethriftshopkbay@gmail.com for more information.

## Free movie night at the chapel

The Chaplain Joseph W. Estabrook Chapel will be offering a free showing of "Courageous" on April 27 at 6 p.m. The movie builds on the belief that men desire to be found courageous in an important battle. This movie highlights the need every family has for a father who is actively involved. For more information, email Brenton.holbrook@med.navy.mil

## Important phone numbers

On-base emergencies	911
Child Protective Service	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Base information	449-7110
MCB Hawaii Chaplain	257-3552
DEERS	257-2077

# Hawaii Marine

www.mcbhawaii.marines.mil

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# Mother shares story, educates about drunk driving

## Lance Cpl. Nathan Knapke

Marine Corps Base Hawaii

Marines and sailors attended a Mothers Against Drunk Driving presentation at Kahuna's Community Ballroom, April 5. The presentation included many topics and statistics on drinking and driving. Much of the information was brought to light for Marines to hear and understand. In 2010, 211 children were killed in drunk driving crashes. Out of those 211 deaths, 131 were riding with the drunk driver. Jonathan Barkley, a retired Marine and an alcohol and drug advocate, stressed to Marines and sailors about the amount of alcohol that can be consumed to keep the drinker at a low risk level of doing something they will regret.

"To stay at a low risk level, someone who doesn't drink every day should not exceed more than three standard drinks in a 24-hour time period," Barkley said. "But someone who drinks every day cannot surpass more than two drinks a day. In any situation the person can't surpass more than 14 standard drinks in one week. A standard drink is defined as 12 ounces of beer, 10 ounces of micro-brewed beer, 4 ounces of wine, 10 ounces of wine cooler, one ounce of 100 proof alcohol, 1.25 ounces of 80 proof alcohol, all of which contain the same amount of alcohol. Remember, there is no situation when someone can exceed 14 standard drinks in one week."

Barkley calls having the two or three drinks a day the paw-rule. He continued to stress these numbers are scientifically proven by the Prime for Life program. Any alcohol consumption past three drinks in one day has detrimental short and long-term effects to someone's health.

Any consumption over these guidelines is considered to be binge drinking. These statistics and numbers were explained so Marines can minimize the



Lance Cpl. Nathan Knapke | Hawaii Marine

Theresa Paulette, Mothers Against Drunk Driving Hawaii Victim Committee Chair, shows the last picture she took of her son during a MADD session aboard Marine Corps Base Hawaii at Kahuna's Community Ballroom, April 5.

risk level of doing something they would regret, for example, drinking and driving.

When people decide to drink and drive, they put lives into harm's way. Adults and children die every year from people getting behind the wheel while intoxicated.

MADD is the nation's largest nonprofit organization that works to protect families from drunk driving and underage drinking. MADD also supports drunk and drugged driving victims and survivors at no charge to the victim.

Theresa Paulette, MADD Hawaii Victim Committee Chair, told her story about her 15-year-old son, who was driving a moped near their Kaneohe home and was killed by a truck driver who had six prior drunk driving arrests.

Paulette shared her son's story in hopes to bring awareness to the

devastation of drunk driving.

"Everyone thinks they will never be a victim of drunk driving until it happens to them," said Paulette. "It's important to spread the word to friends and family on the importance of stopping."

She wants to help make every road safe for people, so everyone can live out their hopes and dreams.

"This has definitely opened the eyes of every Marine and sailor here today," said Sgt. Ryan Tibbs, a cyber-security technician with Headquarters Battalion, and native of Broadview Heights, Ohio. "The whole presentation has taught Marines and sailors a lot about the effects of drinking and driving. It will definitely make people rethink what happens when they drink too much and the choices they could make when drinking over the correct amount."

# K-Bay Marines reap benefits from acupuncture in pinpoint solution

## Christine Cabalo

Marine Corps Base Hawaii

Marines are getting relief from physical pain and mental stress at no cost, without a prescription or doctor referral.

Their solution is acupuncture from Lt. Cmdr. Brian Kleyensteuber, a Navy psychiatrist embedded with 3rd Marine Regiment. Kleyensteuber is one of several Navy mental health doctors with the Operational Stress Control and Readiness program. However, he's the only acupuncturist assigned specifically to treat infantry and artillery Marines at Marine Corps Base Hawaii.

"I don't do the healing," he said. "I facilitate the body healing itself."

He's able to do that with low pulse electricity and one-time use stainless steel needles, ranging in size from 4 to 7.5 centimeters long. Using these tools, Kleyensteuber stimulates the parasympathetic nervous system to promote healing. Several of his clients said they don't sense when he inserts a needle. Marines regularly see him to address a wide range of medical problems, from back pain to post-traumatic stress disorder.

"I was skeptical at first, it sounded goofy," said Sgt. Kevin Ivey, one of Kleyensteuber's clients and a rifleman with 3rd Marines. "After the first session, it was very relaxing."

Ivey, who has battled alcohol abuse and stress, said he was immediately impressed by Kleyensteuber's openness and sharing of medical knowledge. Since their first meeting last year, Ivey has continued to see Kleyensteuber for more than 16 sessions. Ivey said he feels more relaxed, better at handling stress and has physical relief from his previous back pain.

Kleyensteuber said although some may be unconvinced by acupuncture, he believes it's a worthwhile procedure to try with other treatments. He said acupuncture is painless, doesn't require medication and can be used along with other medicines. His patients report few side effects and much less stress and pain.

The desire to treat back pain without medication brought in Sgt. Maj. Paul Davis, the battalion sergeant major for 1st Battalion, 12th Marine Regiment.

"I have a herniated disc in the lower back," Davis said. "I also felt pain in my (trapezius) muscle from the shoulder neck to shoulder blade. The pain has been going away since I've seen him. It went from pretty severe, to no pain at all."

Sgt. Maj. William Wiseman, a senior enlisted adviser with 3rd Battalion, 3rd Marine Regiment, said he's had back pain since 2008 from his deployment to Iraq. After regular acupuncture treatments with Kleyensteuber, Wiseman said he's able to do more lifting. His acupuncture sessions mostly now stimulate his mood to help him relax and better focus. He also appreciates how Kleyensteuber is a medical professional concerned about total physical



Christine Cabalo | Hawaii Marine

Lt. Cmdr. Brian Kleyensteuber, a Navy psychiatrist embedded with 3rd Marine Regiment, uses low pulse electricity with acupuncture needles on Sgt. Kevin Ivey, a rifleman with 3rd Marine Regiment. Kleyensteuber provides infantry and artillery Marines with free mental health care through the Operational Stress Control and Readiness program.

and mental health.

"He's a psychiatrist and uses it in his treatment," Wiseman said. "The process is two-fold and he helps patients emotionally and helps them physically. He's combating two things at once, pretty phenomenal."

His patients can conveniently make an appointment with Kleyensteuber at his office just several feet away from the 3rd Marine Regiment Headquarters.

"Acupuncture is quick and easy with Dr. K," Ivey said. "You can talk about things, learn things and get treated. It's all-inclusive care."

Kleyensteuber is one of several military medical acupuncturists, with the practice expanding in the Department of Defense. The U.S. Navy's Bureau of Medicine and Surgery issued standardized guidelines last month, describing best practices for acupuncture and other alternative medicine like chiropractic treatments.

With these results, Kleyensteuber thinks the future of medical treatments for the Marine Corps may lie in traditional Chinese medicine and coordinated medical care.



# AROUND THE CORPS

## Bravo Company pushes through Talon Ex in preparation for WTI

**Lance Cpl. Scott Whiting**  
*2nd Marine Division*

**YUMA, Ariz.** — Bravo Company took to the field for the first week of a rigorous, month-long infantry training exercise for 1st Battalion, 6th Marine Regiment, March 26. The Marines practiced all kinds of firing drills for the Talon Exercise, which precedes the biannual Weapons and Tactics Instructor Course aboard Yuma Proving Grounds in Arizona. Talon Ex is specific to the infantry Marines before they support Marine Aviation and Weapons Tactics Squadron 1 in WTI. The battalion traveled March 22, from Marine Corps Base Camp Lejeune to Yuma, then to Forward Operating Base Laguna, where the Marines are currently staying for the duration of the training.

Bravo Company left the FOB the evening of March 25 to set up camp at the first range. The next day they were up and firing in the early morning. The first day included the usual tables three and four firing drills which require the Marines to fire on targets at different distances while moving and pivoting, along with other variables, including a nighttime shoot. They also executed live-fire buddy-rushing drills, which require communication between partners to rush the target while maintaining a steady rate of fire.

The company moved to a different range the next morning where they spent the day engaging targets at a distance with different weapon systems, including the shoulder-launched multipurpose assault weapons, AT-4's, the M16A4 with the M203 grenade launcher, M27 infantry automatic rifle and the M240B machine gun. They also fired the weapons at night under a simulated high-stress environment to teach composure under duress. Leaders yelled orders at their Marines to get their adrenaline running in order to duplicate a stressful situation. The next two days were spent on a vast, hilly range, teaching the Marines to assault an area with a platoon-sized force. The scenario they were given had them facing an enemy special forces group taking refuge in a small village. Each platoon had to plan and execute their attack on the second day. Second Lt. Nick Rossovskij, the platoon commander for 1st Platoon, Bravo Company, said his platoon did very well in the platoon attack. He explained that after their practice runs, they executed their plan perfectly. The final two days of Talon Ex tested the company's focus. After successfully completing the platoon attacks, the last training objective was a company attack. "The scenario was a battalion attack on an enemy company reinforced with tanks, artillery and mechanized reconnaissance," said Capt. Daniel Grainger, the company's commanding officer. The simulated enemy was in a prepared defensive position reinforced with obstacles. The company's signal to attack was mortars dropping, and when they hit, the platoons charged up the hill. The Marines pushed through fatigue and



Lance Cpl. Scott Whiting | 2nd Marine Division

**Marines with Bravo Company, 1st Battalion, 6th Marine Regiment determine a target's distance before engaging it with a shoulder-launched multipurpose assault weapon during a training exercise aboard a Yuma Proving Grounds range in Arizona, March 27.**

exhaustion and made it to the top of the hill to fire on the distant targets. They provided fire until a combined anti-armor team arrived on the firing line, firing TOW missiles and Javelin rockets. " (Bravo Company) destroyed the enemy, seized the key terrain, and suppressed battalion objective two in order to allow another company to attack," said Grainger. "I was very happy with our performance. It was a tough week for us out there. Even though we are in good shape, we are still operating in a desert environment at 1,000-foot elevation with a fighting load for six days. They covered about 1,000 meters in the final attack, which is a long way for a rifle company. The platoons were exactly where they needed to be. The platoon sergeants and squad leaders did a great job of moving their Marines." Arizona's terrain varies greatly from Camp Lejeune's humid environment, but it didn't take the Marines long to adjust. "I don't think the adjustment was that bad," said Grainger. "The weather wasn't too harsh so far. We, as a company, have a very aggressive combat conditioning program, and that really aided in our acclimatization." With Talon Ex over with for Company B, they now look forward to getting into the heart of the WTI training. "We are at a very good place as a rifle company," said Grainger. "We came out here relatively inexperienced, and we've grown a lot just in the last week. I'm looking forward to the more complex operations in store for us as a company while supporting MAWTS-1 during WTI."

## Marines learn about new escalation of force equipment

**Cpl. Philip Clark**  
*2nd Marine Division*

**MARINE CORPS BASE CAMP LEJEUNE, N.C.** — Marines and sailors aboard Marine Corps Base Camp Lejeune attended classes and demonstrations of the new escalation of force equipment, April 2 to 4. The demonstration showcased new gear such as the VENOM non-lethal tube-launched munitions system, escalation of force mission modules and non-lethal optical distracters. Non-lethal weapons provide today's military with additional options outside of lethal force. Non-lethal capabilities do not replace lethal force options; instead, they increase the force options available to service members so they can adapt to the missions at hand. "I am encouraged by the progress that the Joint Non-Lethal

Weapons Directorate and our partners in industry have made in the development of the non-lethal capabilities," said Gen. James F. Amos, commandant of the Marine Corps, as quoted in the Non-Lethal Weapons 101 pamphlet. "In today's complex operating environments, non-lethal capabilities provide commanders a greater range of escalation-of-force options to accomplish the mission and reduce civilian casualties and collateral damage." At present, 96 escalation of force modules have been made, each one containing four small shipping containers. Fifty six of those modules have been fielded across the Marine Corps, all with positive feedback. "The units that have used it so far have liked the modularity and the ease of being able to transport the gear in cases that they need to get in a vehicle and go,"

said Tom Ritchie, from Marine Corps Systems Command. "We are even getting suggestions on better ways to upgrade future gear, so that Marines can use the gear to the full capability." Once Marines have completed training, the new non-lethal gear will aid units' ability to carry out and complete missions such as noncombatant evacuations, humanitarian aid and situations that require non-lethal force. "With this new gear we can start making situations safer. Instead of only having a few options before using lethal force, we can deescalate the situation before it comes to that," said Scott Pipenhagen, capabilities integration officer, Headquarters Marine Corps. "This new gear and training are very essential, and as Headquarters Marine Corps, we're doing everything we can to personally come and train units with it."



Cpl. Philip Clark | 2nd Marine Division

**Marines and sailors aboard Marine Corps Base Camp Lejeune, N.C., attend classes and watch a demonstration of new escalation of force equipment, April 2 to 4.**

## Exercise African Lion 13 begins with maritime offload in Morocco

**Sgt. Tatum Vayavananda**  
*U.S. Marine Forces Africa*

**AGADIR, Morocco** — As part of Exercise African Lion 13, a joint force of Marines, airmen, sailors, and soldiers conducted a maritime prepositioning offload at the port of Agadir, Morocco, that delivered, organized, and prepared vehicles and equipment for the joint multilateral exercise, April 6. "We are going through the entire maritime prepositioning process; from planning all the way through to the offload, employment to implementation, and then to retrograde, reconstitution and back-loading the ship," said Lt. Col. Peter J. Mahoney, the officer in charge of the Arrival-and-Assembly Operation Group, AL-13. The U.S. Navy ship Dahl, a cargo transporter, pulled into the Moroccan port to deliver more than 250 short tons of equipment for the exercise, slated to begin this month.

"This is a true maritime prepositioning of force 'drill' where all the equipment from the offload will actually be used during the exercise," said Mahoney, a Red Bank, N.J., native. Joint Task Force-Port Opening is a joint-force service element commanded by U.S. Transportation Command with the capability to rapidly establish and initially operate a port of debarkation and distribution, facilitating ship-to-shore support for regional combatant commanders. "We work with all services depending on where we go," said Maj. Joseph M. Borovicka, an operations officer for JTF-PO. "It's replicating what we would be doing during a real-world contingency," added Borovicka, regarding the MPF here. "When we say 'rapid,' we mean it. I can have my whole unit en route to an objective in 36 hours. It's an awesome capability," said Borovicka, a native of Greenville, S.C.

The current offload of JTF-PO represents an MPF where all task force elements are participating at the same time. "The JTF-PO usually does this for other drills and exercises (throughout the year), but this is one of the few times they are here with the 'customer,'" Mahoney said. "Having the customer here has been great for the task force because we've had a lot of integration opportunities," said Mahoney. "It's great for the Marines because we don't always work with USTRANSCOMM assets." The offload will continue throughout the week, delivering 7-ton trucks, armored Humvees, howitzers, and other logistical items such as Meals Ready to Eat for the exercise. "We have to utilize capabilities throughout the entire Department of Defense," said Borovicka. "We can never train enough, but we need to have the habitual working relations such that we can converge, build the team, and do the mission."



# Fire, shelter, water

## 'Island Warriors' conquer great outdoors

**Story and photos by  
Lance Cpl. Suzanna Lapi**  
*Marine Corps Base Hawaii*

**MOUNTAIN WARFARE TRAINING CENTER, BRIDGEPORT, Calif.** — Marines with Golf Company, 2nd Battalion, 3rd Marine Regiment, learned how to live in the elements during basic survival training at Mountain Warfare Training Center in Bridgeport, Calif., April 5.

Staff Sgt. Scott Coffin, an MWTC instructor and native of Mount Pleasant, Iowa, said the training Marines conduct boils down to fundamental field craft.

"We have the opportunity out here to teach basic field survival," Coffin said. "So if your unit or team were to get separated from everyone else, we give them the basics to endure. Nothing we teach is fancy or advanced. It's all about brilliance in basics. If you can be good at the basics, you can survive a lot longer than somebody who knows how to do fancy, advanced training that may not pertain to your situation."

The Marines learned how to procure and boil water to kill bacteria, build fires with

limited supplies, create shelters, and carry out survival navigation.

Coffin said the training is versatile, which is an added benefit.

"The basics of survival are the basics no matter where you go," Coffin said. "It's about knowing how to develop a shelter to get out of inclement weather and protect yourself. This also provides warmth and comfort. Sleeping on dirt is a lot different than sleeping on a nice bed of pine boughs. If you can provide yourself good shelter, fire and water, you can survive 10 to 20 times longer than someone who doesn't. Fire in and of itself is a good morale booster."

The instructors taught different methods to build a fire and shelter, and the steps Marines need to take in order to obtain supplies for both. They also learned how to find north with simple tools like a stick and stones. Afterward, the men of Echo Company gathered in their respective platoons and conducted practical application.

Sgt. Daniel Vallejo, weapons platoon sergeant and native of Chicago, said the training was beneficial overall because it

added variety to their knowledge.

"After Iraq and Afghanistan, this training provides a different climate for us to learn in," Vallejo said. "We are able to prepare overall and sharpen our tools by training in all environments. It's good for us to get out of Hawaii and get the best of both worlds. The survival techniques and variety helps us prepare for anything."

Staff Sgt. Michael Gallucci, an MWTC team leader instructor and native of Columbus, Ohio, said part of survival is the ability to be resourceful.

"We are all Marines here," Gallucci said. "We are very good at coming up with solutions to our problems."

Lance Cpl. Jimmy Felix, a motor transport operator with Combat Logistics Battalion 3 and native of Fort Lupton, Colo., said the survival training taught him things he otherwise wouldn't have learned.

"I never knew snow was an insulator," Felix said. "I think many people like myself wouldn't know that, and now I have a mixture of knowledge on surviving in the elements. If I ever come across a situation to implement this training, I will now know

what to do."

Coffin said MWTC provides Marines a distinctive opportunity to train.

"There's nothing really special about what we do here," Coffin said. "This is the stuff a lot of infantrymen joined the Marine Corps to do, and you don't get to do it unless you come up here. I consider this training facility a diamond in the rough. You have to be a very hard individual to come here and not get a little bit harder."



Steel wool and cotton balls are some of the tools used for building a fire during a basics for survival training course at Mountain Warfare Training Center in Bridgeport, Calif., April 5.



Staff Sgt. Scott Coffin, a Mountain Warfare Training Center instructor, shows Marines of Golf Company, 2nd Battalion, 3rd Marine Regiment, the cotton ball and petroleum jelly method for starting a fire during a basics for survival training course at MWTC in Bridgeport, Calif., April 5.



Sgt. Samnang Heng, a fire team leader with Combat Logistics Battalion 3, carves wood for a bow and drill set to build a fire during a basics for survival course at Mountain Warfare Training Center in Bridgeport, Calif., April 5.

Staff Sgt. Scott Coffin, a Mountain Warfare Training Center instructor, shows Marines of Golf Company, 2nd Battalion, 3rd Marine Regiment, the battery and brass wool method for starting a fire during a basics for survival training course at MWTC in Bridgeport, Calif., April 5.



Sgt. Samnang Heng, a fire team leader with Combat Logistics Battalion 3, builds a fire during a basics for survival training course at Mountain Warfare Training Center in Bridgeport, Calif., April 5.



Staff Sgt. Michael Gallucci, a Mountain Warfare Training Center team leader instructor, teaches Marines with Golf Company, 2nd Battalion, 3rd Marine Regiment, the T Trench shelter method during a basics for survival training course at MWTC in Bridgeport, Calif., April 5.



# Bond of Brotherhood: Marines unite through training, sacrifice

Story and photos by  
**Lance Cpl. Suzanna Lapi**  
*Marine Corps Base Hawaii*

**MOUNTAIN WARFARE TRAINING CENTER, BRIDGEPORT, Calif.** — Some bonds are inherited, like the bond we share with family. Other times throughout life and with the experiences we share, people are united through hardship. Once established, these bonds are difficult to break.

Sometimes the strongest bonds are the ones that have been forged in the toughest of conditions, like the camaraderie of brothers in arms. These squads of military men are united as one through long hours of strenuous training and the constant presence of sacrifice.

Just as the rounds of a machine gunner's belt are linked together, so are the Marines themselves. This bond is the glue that holds this family of brothers together. Lance Cpl. Justin Harris and Pfc. Rico Morales know what it takes to create and keep their brotherhood intact.

Harris, a machine gun squad leader with weapons platoon, Echo Company, 2nd Battalion, 3rd Marine Regiment, strives to teach his Marine, Morales, what it means to be apart of a brotherhood by passing on the lessons he has learned.

Harris, a native of Deer Park, Wash., said his journey as a Marine began because of his uncle, Fred, who was also a Marine.

"I remember as a kid, he would always bring me Marine Corps shirts," Harris said. "I would look at his picture and think, 'That's what I want to do.' So three months before I graduated high school, I walked into a recruiter's office and told them I wanted infantry, to be on the front lines and experience combat like my uncle did in Iraq and Fallujah."

After completing training at School of Infantry-West and getting stationed at Marine Corps Base Hawaii, Harris went on a unit deployment program to Japan to complete jungle warfare training for two weeks. He said he was a team leader as a junior Marine.

"Being a team leader while in Japan was really important to me since I was new and it was my first time," Harris said. "It was a good experience because I also had the opportunity to be squad leader when my squad leader was on duty. I would be the one to step up, and it prepared me for what I'm going through right now being squad leader, with training junior Marines like Morales."

Morales, a machine gunner with weapons platoon, Echo Co., 2nd Bn., 3rd Marines and native of San Angelo, Texas, said he wanted to become a machine gunner because he likes the confidence the Marines in this field display, and wanted that quality in himself.

"In SOI, we (carried) the most weight on the hikes, and I wanted to do that," Morales said. "When other sections would fall out and they weren't carrying as much weight as I was, I wanted the bragging rights. It gives me a sense of pride."

Morales said he was anxious and excited to begin working with the machine guns and to meet his seniors. He said as a senior, Harris stands out from others.

"His leadership style is great because he helps me when I need it, and when we do physical training, he pushes me," Morales said. "He gives me that motivation to push myself further, and when I need help with anything, he is there for me. I'm excited to learn from him and work with him to get all the knowledge that he has. In doing that, I can apply it myself and in the future with any junior Marines I may have."

Staff Sgt. Richard Martinez, acting first sergeant and company gunnery sergeant with Echo Co., 2nd Bn., 3rd Marines, said the bond his Marines have is important for



**Pfc. Rico Morales, a machine gunner with weapons platoon, Echo Company, 2nd Battalion, 3rd Marine Regiment, performs a disassembly and assembly drill while being timed by his squad leader, Lance Cpl. Justin Harris, at Mountain Warfare Training Center in Bridgeport, Calif., March 27.**

the mission.

"Machine gunners give suppression to riflemen to proceed to their objective," Martinez, a native of Lubbock, Texas, said. "So everything from the trust they have in each other to the weapon systems has to be second nature for them to be successful. They live and breathe all of it, and strive to become leaders to pass on their knowledge."

Harris said the bond established in leadership is important during training and translates to the battlefield.

"When we train, we want our junior Marines to respect us because in combat, if someone yells, 'Hey, get down!' no one should think twice," Harris said. "We instill respect because we need that trust. That's why we train the way we do during machine gun drills. We run and get their heart rate up so they know how to react under pressure. They recite knowledge as well so everything becomes instinctive."

Morales said the bond he has developed with Harris was built through the struggle during training.

"When he pushes me, it brings us closer together," Morales said. "I know I can trust him because he wants me to do better. If we find ourselves in combat, I have confidence that he is there for me, that he has my back. I feel the same way for my other Marines that I went through boot camp and SOI with. I have a bond with them. We know we have each other's backs no matter what."

The bond built in training carries these Marines through the stressors of combat. They know when they look to their left or to their right, they can trust the person they see beside them.

"As leaders, we try to be hard on our juniors, but not too hard," Harris said. "That way we build trust. I trust them with my life. We are looking for the same thing from them. If we don't have that, we will fail. We need the confidence and trust and bond between each other to succeed and survive."



**Pfc. Rico Morales, a machine gunner with weapons platoon, Echo Company, 2nd Battalion, 3rd Marine Regiment, performs a disassembly and assembly drill at Mountain Warfare Training Center in Bridgeport, Calif., March 27.**



# Hawaii residents encouraged to report debris sightings

**Kristen Wong**

*Marine Corps Base Hawaii*

On March 11, 2011, Honshu, Japan, was stricken by a 9.0-magnitude earthquake and tsunami, uprooting homes, businesses and lives. Two years later, what remains of the devastation continues to wash up on foreign soil, and Hawaii is no exception. Authorities are advising the public to report any sightings of potentially hazardous debris, regardless of its relation to the 2011 tsunami.

The very first confirmed sighting of Japanese tsunami debris in Hawaii was of a blue bin Sept. 18, 2012, found near Manana Island. At least three sightings of Japanese tsunami debris were confirmed on the island of Oahu, with many more as yet unconfirmed. Though not confirmed to have been from Japan, large debris such as a 30- by 50-foot dock found near Molokai Sept. 19, 2012.

Multiple entities including the U.S. Environmental Protection Agency, the National Ocean and Atmospheric Administration Center and several states including Oregon and Washington have been working together to retrieve the debris.

Marine Corps Base Hawaii residents are also advised to report potentially hazardous debris they may see on the base's beaches.

Lance Bookless, the senior natural resources manager at the Environmental Compliance and Protection Department, encourages the base community to notify the department or the Provost Marshal's Office if any significant debris on the base's beaches is found.

"It's good for us to be notified even if it's just something like netting, we want to get it off the shoreline as fast as possible," Bookless said. "You may be saving monk seals and turtles from possible injury or even injury to beach users. It would also keep our beaches looking good."

For example, Bookless said sea turtles, monk seals, and seabirds could easily become tangled in loose nets and fishing line floating in the water.

"In addition, debris from a foreign area may be



Courtesy of Hawaii Undersea Research Laboratory

**Staff from Ocean Engineering at Makai Pier, Waimanalo, tow in a large blue plastic bin seen floating in the ocean near Manana Island, Sept. 18, 2012.**

covered with harmful invasive organisms," Bookless said. "These organisms could begin populating in the bay waters surrounding the base and harm the indigenous marine life, as well as coral that support marine life."

He said Hawaii's native coral reefs are already being threatened by introduced invasive species, and introducing yet another would be detrimental to their survival.

"The larger debris items may cause more damage due to their size," said Carey Morishige, the Pacific Islands regional coordinator at NOAA's Marine Debris Program. "Additionally, this debris, because some of it was from the near-shore waters of Japan (i.e., spent time in Japan waters and thus likely have organisms

from that region growing on it) the debris may bring in alien species, something our state is very concerned about."

Potentially harmful debris has been an issue for the islands, long before Japan's tsunami.

"We have debris wash up on our beaches constantly from throughout all of Asia," said Gordon Olayvar, the Conservation Law enforcement criminal investigator at the Environmental Compliance and Protection Department.

"If you see anything that (could) be tsunami material, don't touch it, report it," Olayvar said.

Morishige adds that anyone who finds either a large amount of debris, a large piece of debris one cannot carry by hand, or debris covered in living organisms to report their finding to Hawaii's Department of Land and Natural Resources.

There are many different types of debris that can be found floating in the ocean or washing ashore. Debris could be anything from Styrofoam to boats to personal items. Some debris may be covered in live organisms such as gooseneck barnacles. Gooseneck barnacles, incidentally, are commonly found on debris from the Pacific Ocean, according to the DLNR's website. For a complete list of guidelines for how to handle debris sightings, visit the DLNR website at <http://dlnr.hawaii.gov>.

It is unclear if and when all debris will be recovered, but the fight continues. For more information and stories about located debris, NOAA has a blog at <http://marinedebrisblog.wordpress.com/>.

"Debris is known to float around our oceans for years to decades," Morishige said.

To report debris, call DLNR at 587-0400, or email [disasterdebris@noaa.gov](mailto:disasterdebris@noaa.gov) and [dlnr.marine.debris@hawaii.gov](mailto:dlnr.marine.debris@hawaii.gov). People reporting the debris should note the date, time and place of the sighting, a description of the object(s) and leave their contact information.

Additionally if the debris is found on MCB Hawaii, contact PMO at 257-7114 or the Environmental Compliance and Protection Department at 257-6920.

For additional information, you can also visit <http://marinedebris.noaa.gov/tsunamidebris/>.



# ENVIRONMENTAL CORNER



## ‘Fisherman’s Paradise’ under MCB Hawaii fishing regulations

The Mokapu Peninsula, home to Marine Corps Base Hawaii, has long been known for its fishery resources. In olden days, fishing rights were reserved for alii (chiefs) and servants to the king, with fishing being confined to certain types of fish. Fishponds were constructed. After the death of King Kamehameha I in 1819 and under the new rule of King Liholiho and missionary influence, the peninsula began to adopt Western value systems, which changed the use of the natural fishery. The sea surrounding the peninsula was marketed as “A Fisherman’s Paradise” in 1834 to wealthy businessmen, and in the 1920s the Ulupau area was a well-known hukilau spot where 30 to



40 people would gather to pull the net in. Konohiki rights during the 1930s gave sole permission for catching squid to a single family that resided on the peninsula, who would allow fellow residents to catch squid as well. During past decades, overfishing around the Hawaiian Islands has caused a decline in the natural fishery. It is important to conserve and protect our natural resources. There are many state and federal laws regarding fishing prohibitions and regulations which must be obeyed by all fishermen on MCB Hawaii. There are also fishing regulations specific to the base per base order P1710.1. Base fishing regulations are posted at all recreational beaches and are available at the marina and online on the Environmental Department page on the base website. For more information contact Todd Russell at todd.russell@usmc.mil or at 216-7135.



## Crime Prevention Tip of the Month

**Parking is only authorized in marked parking stalls. Parking on grass areas throughout Marine Corps Base Hawaii is unauthorized (Base Order 5500.15b). Violators will be cited accordingly.**

### PMO contact numbers and locations

To report suspicious activity/behavior or for non-emergency calls, contact the desk sergeant:  
**257-1018/2123 (building 1096)**

For information regarding check in/out, fingerprinting, or weapon registration, contact:  
**257-6994 (building 1095)**

For information regarding pet registration, fishing regulations, or lost/found animals, contact the PMO Game Warden:  
**257-1821 (building 3099)**

For information regarding vehicle decals, base passes, and vehicle registration, contact:  
**257-2047/0183 (building 1637/1095 for MCB**

**Hawaii)**  
**477-8734/8735 (building 601 for Camp H.M. Smith)**

For information regarding traffic regulations, citations, or traffic court, contact the Traffic Court bailiff:  
**257-6991/6992 (building 1095)**

For all other numbers not listed, contact base information:  
**449-7110**

For more information, visit the PMO website:  
**http://www.mcbhawaii.marines.mil/Departments/ProvostMarshalsOffice.aspx**

### Topic of the Month

- Motorcycles and mopeds (for all riders)**

  - **HELMET:** Must be Department of Transportation approved and fastened properly under the chin.
  - **EYE PROTECTION:** Eyes must be protected by shatter resistant goggles or a full face shield attached to the helmet. A windshield, eyeglasses or fairing alone is not considered proper eye protection.
  - **SHOES:** Must wear closed toe, over the ankle shoes with hard soles. Sandals, slippers, tennis shoes and other similar footwear are not authorized.
  - **REFLECTIVE VEST:** During daylight hours a brightly colored outer upper garment or high visibility reflective vest must be worn. During the hours of darkness a high visibility reflective vest of international orange, lime green or bright yellow with reflective striping must be worn. Do not cover or conceal the vest while riding a motorcycle or moped. Military personnel may wear the vest over the uniform of the day.
  - **ATTIRE:** Riders must wear long trousers,
- long sleeve shirt or jacket, and full-fingered gloves. Riding apparel designed specifically for motorcycle riders is strongly encouraged

  - **SAFETY COURSE:** To attend the motorcycle safety course at MCB Hawaii call 257-1830 or 472-7569 at Ford Island.
- Bicycle/rollerblading/roller-skating/skateboarding/scooters**

Children as well as adults should wear helmets. Studies have shown that using a helmet can reduce head injuries by up to 85 percent. Select a helmet that has a snug, comfortable fit. In many places, it is the law. At MCBH, all military personnel, their spouses, and children dependents are required to adhere to MCB Hawaii Order P5500.15A, Base Regulations, chapter 11. This section also covers the use of helmets. Helmets that have labels by either the American National Standards Institute or the Snell Memorial Foundation are recommended. Headphones/ear buds are not authorized while performing the following activities: Running, walking, bicycling, roller-skating, rollerblading, skateboarding, and riding a scooter.



# Sports & Health



Participants run along the beach during the Surf and Turf 5K event on Marine Corps Base Hawaii, Saturday. A total of 118 participants competed in the course.

## More than 100 run with morning sun during Surf and Turf 5K race

Story and photos by  
**Lance Cpl. Matthew Bragg**

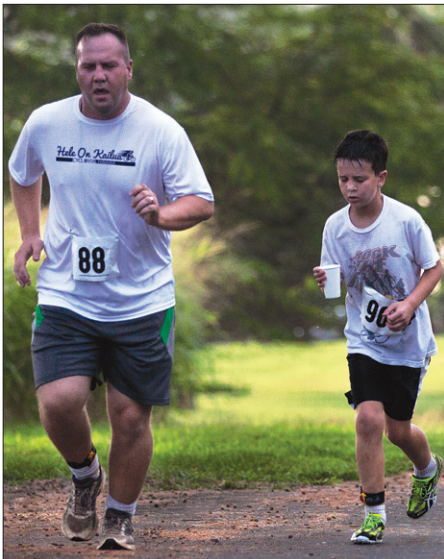
*Marine Corps Base Hawaii*

Participants got out of bed early to compete in the Surf and Turf 5K run on base, Saturday. A total of 118 contestants competed in an individual effort during the course that started and ended at the Officers' Club.

The runners bolted off the start line, making their way down the street leading to the golf course. They continued on a path through the golf course that led them to the beach. After running on the shoreline for a mile, runners reached the halfway point and headed back toward the finish line.

Throughout the course, plenty of volunteers from the Single Marine and Sailor Program and Marine Corps Community Services handed out cups of water to runners passing by and shouted motivating words of encouragement.

"People want to better themselves — not just Marines and sailors, but civilians too," said Cpl. Michael Hurtado, who is with 1st Battalion, 12th



**Master Sgt. Daniel Palumbo, of Largo, Fla., who works with 647th Security Forces in Joint Base Pearl Harbor-Hickam, runs next to his son in the Surf and Turf 5K race, Saturday.**

Marine Regiment, and volunteered for the Single Marine and Sailor Program and a native of Brooklyn, N.Y. "That's

why I love coming out here to help. It's not just for entertainment, it's to test your limits as well."

Staff Sgt. Tyler Hubbard took first place with a time of 17:56. He also finished first in last year's Surf and Turf 5K.

"I've been practicing some new training and running exercises," said Hubbard, who works with Marine Air Ground 24 and is a native of Grass Valley, Ore. "I wanted to see how much I've been progressing through my workouts, but I also came out to have a good time too."

As the sun rose above the horizon, contestants enjoyed running on the beach despite it being the hardest part of the run. Runner Lance Cpl. Kyle Ferrin, who placed second with a time of 19:44, participated solely for that reason.

"I'm here just to have fun this morning," Ferrin said, who is part of 3rd Battalion, 3rd Marine Regiment and a native of Clinton, Utah. "I love running on the beach. Who knows, I might even take my shoes off."

Although contestants were to

compete individually, many runners completed the 5K as a group. Master Sgt. Daniel Palumbo ran the course with his two sons, one of them by his side the whole course.

"Both of them love to run 5Ks," Palumbo said, who works with 647th Security Forces at Joint Base Pearl Harbor-Hickam and native of Largo, Fla. "I encourage everyone to participate in events like these. It's not just for personal gain, but it's an opportunity to get to know your neighbors as well."

When runners finished the beach portion of the course, they made their way back through the golf course and up the hill to the Officers' Club. The contestants pushed themselves the whole way as friends and family members ran along the sidelines in support. Palumbo's son ran next to his father through the entire course, despite feeling sore and tired.

"Running through the sand was the hardest part because I kept falling down," Palumbo's son said. "I kept getting back up because I didn't want to lose to my dad."

## MCB Hawaii volunteers unite against child abuse, aid in kickball

**Christine Cabalo**

*Marine Corps Base Hawaii*

**KANEOHE, Hawaii** — Marine volunteers stood up to child abuse in their downtime by helping with the Kick Child Abuse Out of Hawaii kickball tournament held Saturday at Kaneohe District Park.

A total of 55 Marines from several Marine Corps Base Hawaii units assisted setting up and running the tournament. The event supported the non-profit organization Providing Awareness Referrals Education Nurturing Therapy Support, Inc. Hawaii.

"We wouldn't be able to host this event without volunteer help," said Tara Buckley, the Oahu program director of PARENTS, Inc. Hawaii. "The Marines are our biggest volunteer group."

The tournament raised money for the organization's parent education classes and other services combating child abuse. Returning for a second year, the kickball games were specifically scheduled in April to observe Child Abuse



Gabby Wright | PARENTS, Inc. Hawaii

**Marine Corps Base Hawaii volunteers haul equipment needed to run the Kick Child Abuse Out of Hawaii kickball tournament held Saturday at Kaneohe District Park.**

Prevention Month. Teams of adults and children older than 8 years old played in the double-elimination tournament, with free entertainment between games hosted at a keiki zone.

The Marines kept the tournament running smoothly by working in shifts, ensuring there was a pool of Marine volunteers available throughout the day. Some worked alongside other community volunteers

from as early as 5 a.m. to after the tournament ended at 5 p.m.

"Our volunteers assisted setting up the field, running the volunteer booths, helping so that snacks and lunches were in the right place, refereeing games, acting as scorekeepers and helping out with the keiki zone," said 1st Sgt. Daniel Moore, who volunteered and is the Combat Assault Company first sergeant with 3rd Marine

Regiment. "Then at the end, we cleaned up after the tournament."

Buckley said she was glad to have so much help from MCB Hawaii, especially since most of the Marine volunteers who helped last year are now deployed. Buckley appreciated how previous volunteers put her in touch with other MCB Hawaii volunteers who completed their tasks quickly and correctly. She said having the Marines at the tournament made the day even more fun.

"They have a really great attitude," Buckley said. "They come ready to work and are excited, taking the initiative and asking what to do. The Marines were great with the kids and everyone who was there."

Some, like Moore, said they were inspired to help because they are parents. Other volunteers said they wanted to get involved because of their desire to do meaningful community work in their spare time.

For Cpl. Matthew Hall, his love of soccer and youth sports spurred him to coordinate volunteering with colleagues

from Transportation Service Company of Combat Logistics Battalion 3. He said his group paid close attention to doing a thorough job, whether it was hauling kickball gear or refreshments for players.

"We were ready to do whatever it took to make it easier for coordinators," Hall said.

Hall said he enjoyed the experience, feeling appreciation from coordinators and having fun. Some Marines were even called to be substitutes for missing players or play for kickball teams who couldn't attend at the last minute. Two of Hall's colleagues, Pfc. Bryant Payan and Lance Cpl. Nickolas Whit-ed, were scheduled for only a morning shift but stayed to help long after their shifts were over. Although volunteers said the tournament was fast-paced, many said they would definitely volunteer again next year.

"The tournament was a great day," Payan said. "You can be active and help the community out."

For a second year in a row, MCB Hawaii volunteers were on the ball against child abuse.





Versus is a recurring column tackling debatable issues in the sports and entertainment world. Hawaii Marine readers can submit a subject for future columns by emailing their ideas to [HawaiiMarineEditor@gmail.com](mailto:HawaiiMarineEditor@gmail.com). If there's a topic you would like to discuss/defend or if you think we missed the mark, let us know and you could see your "opinion," regardless of how wrong it is, featured below. Suit up ladies ... it's game time.

# Should Hawaii have a major sports team?

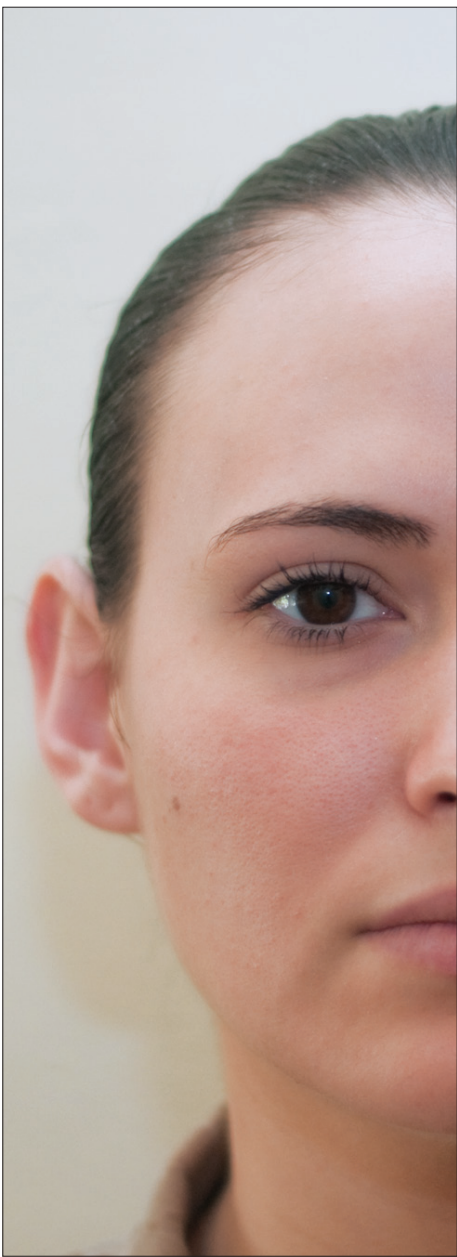
**Lance Cpl. Janelle Y. Chapman** VS. **Lance Cpl. Nathan Knapke**

**CHAPMAN:** Hawaii is one of 25 states that doesn't currently have a professional sports team, and one of 18 states that never did. With this beautiful weather all year round, you would think they would have some type of team. Soccer, football, baseball, basketball, something, anything. A professional sports team would be a great investment for Hawaii.

**KNAPKE:** Let's ask ourselves why there isn't a professional team in Hawaii today. A professional team needs a large fan base to pay for the team. Without fans, the team loses money and goes broke. There aren't enough people on the island to consistently support a professional franchise. Hawaii's economy is powered largely by tourism. Some people save up money their entire life to visit Hawaii. People want to see Hawaii's culture and scenic views, not a sporting event.

**CHAPMAN:** Yes, it would cost a lot of money, but sports are a very profitable investment. Selling jerseys and other sports memorabilia would also bring in a huge profit. They may have to invest some money but once the team gets up and running, they're set. Some sports fans are willing to do whatever it takes to see their favorite team play live, so think about how many people will pay to see their teams play in Hawaii. Hawaii may make a lot through family vacations and honeymoons, but having that and sports would bring more capital to Hawaii, and give vacationers a reason to return.

**KNAPKE:** Hawaii already has the Pro Bowl, which is the only game people care about in Hawaii. If several of the National Football League's best players can't fill a stadium in Hawaii, then how could a franchise of only a few good players last? What island of Hawaii would the team call home? Not every



**CHAPMAN**



**KNAPKE**

Hawaii resident can easily attend games. Fans would have to travel island to island to even attend the games. I'm sure there are tourists who would like to see a game while they are here, but are they going to buy season tickets? There will never be a consistent fan base for any professional franchise to exist in Hawaii.

**CHAPMAN:** The Pro Bowl is the only game people care about in Hawaii because it is the only game that happens in Hawaii. I know plenty of people who wish there were sports teams here so they could attend a game. Some don't even care which team it is. They just enjoy the certain sport and love to watch the game. And how do you know that some of the vacationers won't care about the team? Yes, many people come here to relax and enjoy the scenery, but once they see everything they want to, maybe they'd like to see a football or baseball game. Sporting events are good

family bonding times, and many visit here with families. So after a day at the beach, they could go watch a baseball game with the kids. I think every major city needs a team to call its own.

**KNAPKE:** You say Hawaii needs a team to call its own, but what island would you place the franchise on? From what you said, it wouldn't even be Hawaii's team. What happens if they decide to put it on a different island of Hawaii where tourism isn't prevalent? The only people who would go to watch the game are those on the island and those who want to get on an airplane to watch a sporting event. It's just not practical. Whenever a team from other cities would travel to Hawaii, their fans wouldn't be able to follow them because it may cost a pretty penny to even get to Hawaii. People aren't going to come to Hawaii just because their team is playing here. A professional sporting franchise can't survive in Hawaii.

## SPOTLIGHT ON SPORTS

### Join in free fun with the First Tee of Hawaii

The First Tee of Hawaii is offering its junior golf program free of charge to the children of active duty, reservist and National Guard service members. The program is open to children ages 7 to 18 at the Bay View Golf Range Driving range on Kaneohe Bay Drive, Sundays at 11 a.m. The program teaches valuable life skills, and the participants learn how to play the game of golf. To register, show up to practice, Sundays at 11 a.m. For more information, go to <http://www.thefirstteehawaii.org> or call 478-3466.

### 21st annual Haleiwa Metric Century Ride

The 21st annual Haleiwa Metric Century Ride is scheduled for April 28 at 7:30 a.m. For more information, call 735-5766 or visit <http://www.hbl.org>. Forms are also available at the Semper Fit Center.

**Roll down for cosmic bowling at K-Bay Lanes**

Glow-in-the-dark games at K-Bay Lanes are available Fridays from 9 p.m. to midnight, Saturdays from noon to midnight and Sundays from 11 a.m. to 8 p.m. For more information about K-Bay Lanes, call 254-7693.

### Sprint Triathlon

The Sprint Triathlon is scheduled for May 5 at 6:30 a.m. at the Hangar 101 pad. Come join the Marines and sailors of Marine Corps Base Hawaii for the first triathlon of the year. Start your morning with a brisk 500-meter swim in Kaneohe Bay, followed by a fast-paced 11.1-mile bike ride around the flightline, finishing with a scenic 5K that ends on the Bravo Taxi Way at Hangar 101. This race is open to the general public. Online registration closes May 1 at 4:30 p.m. For more information, visit <http://www.mccshawaii.com/races/>.



# Kids encounter Marine Corps lore at Mokapu school

**Carolyn Lee**  
*Marine Corps Base Hawaii*

The third-graders’ faces are bright with interest and enthusiasm as they chime together, not quite in unison: “Seventeen-seventy-five!”

Their guest instructor has just told them about the Marine Corps birthday, Nov. 10, 1775. The mini-history lesson kicks off an hour of laughter-filled, low-key presentations on Corps culture and traditions, especially as they pertain to their families, which face the challenges of constant uprooting inherent in military life.

The Lifestyle Insights, Networking, Knowledge and Skills program offered by Marine Corps Community Services at Marine Corps Base Hawaii is going to school — Mokapu Elementary School. Late last month, L.I.N.K.S. for Kids launched at Mokapu, holding its first sessions at the school, during school hours, for two mornings in the school cafeteria.

L.I.N.K.S. provides free classes to introduce new Marines, spouses and their families to all aspects of Marine Corps culture.

“This is the first time that the L.I.N.K.S. program at MCB Hawaii has been allowed to come into the schools to teach the children,” said Amanda Taylor, L.I.N.K.S. trainer. “Mokapu Elementary, although on base, is not a Department of Defense school, but a (Hawaii state) Department of Education school.”

In recounting the founding of the Corps, Taylor told the third-graders, “It started in Philadelphia. What happened is these Marines were in a tavern, and they were talking — how can we help our nation? What can we do? And they decided to form the Marine Corps.”

She brought along a table full of Marine uniforms and gear, including the noncommissioned officer’s sword. Pointing to the dress blues, she explained the origin of the Marine nickname, leatherneck.

“If you look at this uniform, you notice how this collar is?” she said, indicating the collar band. “Well, way back during Revolutionary War time, this was actually leather around their necks. The reason for that is there wasn’t a lot of gun shooting, but there was a lot of sword fighting. So that helped protect their necks.”

A popular element of Taylor’s Marine culture presentation was trying on the Marine uniforms. Taylor cautioned the pupils, “Remember what Miss Amanda said about the sword. No one touches the sword.” And no one did.

The children dived into the dress blues, woodland and desert camouflage and service uniforms. Everyone got a chance to try on the standard 15-pound Marine training pack – empty of contents. Fully loaded, a pack can weigh 80 to 100 pounds.

“It’s like a book bag, only more heavy,” said Daniel Hernandez, a L.I.N.K.S. volunteer who helped the children with the gear.



Carolyn Lee | Hawaii Marine

**Cheyenne Sharpless, Brody Reisberg, Jasmine Chaleunsinh and Ashley Cruz deck themselves out in different Marine Corps uniforms during a L.I.N.K.S. for Kids presentation at Mokapu Elementary School aboard Marine Corps Base Hawaii, March 28.**

Dixie Bowler, a Marine spouse and the family readiness officer for 3rd Radio Battalion, led a discussion on activities for children while their military parents are away on deployment or for training. She also explained about the Marine nickname, devil dog.

“We were in World War I, and the Germans called the Marines ‘devil dogs’ because they said the Marines fought so ferociously,” Bowler said.

“That means they’re really brave?” asked Justin Clay, a third-grader with a Mohawk haircut.

“Yeah, brave and strong,” replied Bowler, “and they (the Germans) were scared of the Marines.”

Bowler found the children were eager to talk about all kinds of issues related to military life, including deployment.

“They want to talk about what mom and dad do,” she said. “They want to talk about how it affects them as a family. They’re proud of their parents and what they do. They want to talk about that, and they want to share what they do as a family to make it work.”

“It’s helpful for the children to realize many of their classmates are going through the same kind of experience,” Bowler said. “I think doing programs like this and having discussions provides that extra support for our kids to let them know that a lot of people do this and we can all support each other.”

Krystal Louis, a L.I.N.K.S. volunteer and Marine spouse, talked to the children about handling the pluses and minuses of moving to a new base, which could be anywhere in the world.

What’s typical for a military family is that “you probably stay maybe three to six years at one place, and then you’ll move,” Louis said in an interview.

She and the children discussed the benefits of a move, such as meeting new friends, learning about different cultures, exploring new sights and engaging in new adventures.

“Even though they are leaving old friends, they find new ones,” she said.

Third-grade Mokapu teacher Leighla Roper, whose students attended the L.I.N.K.S. for Kids program at the school, said it worked for her pupils because it was presented in language customized to their level and interest.

“Even though we’re on a military base, because we’re in school, those topics don’t necessarily come up every single day and I think it (L.I.N.K.S. for Kids) gives them a friendly place to talk about their feelings and what they’re experiencing and maybe even ask questions they didn’t realize they even had,” said Roper, who is a Marine spouse. “This is their culture, and this is something that’s good for them to have.”



# Spring Fair is fun for everyone

**Lance Cpl. Matthew Bragg**

*Marine Corps Base Hawaii*

Children of all ages entered a fun-filled area with excitement in their eyes when Marine Corps Community Services opened its gates to the Children, Youth and Teen Program Spring Fair behind the Youth Activities Center, Saturday.

Filled with laughter, children ran around the many attractions playing with bubbles, glimmering in the sunlight, racing one another in obstacle courses and participating in egg hunts. The Spring Fair is one of four seasonal events held by MCCS and offered an enjoyable experience for service members and their families. Parents bonded with their children as they attended different attractions around the fair, laughing and playing together.

“We hold these events to support Marines and their families for everything they do for us,” said Emma Amasiu, the coordinator for the Spring Fair and a native of Hawaii. “This is for the families so they can have a special day. Everything we have to offer to the families today is free, and to show that we really appreciate their service.”

Bouncy houses, ring tossing, Easter egg hunting and a petting zoo were just a few of the attractions families had the opportunity to experience this year. Some people just want to entertain the children, such as Stevo the clown.

Dressed in a curly rainbow wig, blue-patterned vest with matching bottoms and a white face with a red painted mustache, Stevo the clown made myriad balloon shapes for children before putting on a juggling show for everyone. Each child received a

special balloon from Stevo, who made funny faces and told jokes keeping the children entertained.

“These are good family events that really bring people together,” said Steve Hawkes, an entertainer and a native of Kailua. “It’s a good day for kids to come out and have a good time, especially for those whose fathers or mothers are deployed.”

The fair also offered obstacle courses where children were able to race against each other to see who could finish the course the quickest. For children seeking fun indoors away from the beaming sun, arts and crafts were a prominent attraction that offered various Easter themes.

“Not every family can afford to do fun things,” Amasiu said. “I want them to have the best times of their life.”

Kids ran around with their families from one attraction to another, including the Easter bunny, who took photos with the children. Some shied away from the entertainer while some kids were ecstatic to see him. However, some furry creatures stole the show in a petting zoo provided by Colton Farm.

“We’re not just a petting zoo, but also a form of teaching children how to take good care of animals,” said MaryRose Timmons-Colton, who runs Colton Farm with her husband, Claude Colton, and are both natives of Hawaii. “It’s a great experience for the kids to learn as they are feeding straw to the goats.”

Having the opportunity to help give back to the military community is what gets a lot of people volunteering for events such as the Spring Fair. Some volunteers have attended previous events sponsored by MCCS and love coming out to help and have a good



Lance Cpl. Matthew Bragg | Hawaii Marine

**Children feed hay to a goat at the petting zoo, during the 2013 annual Spring Fair at Marine Corps Base Hawaii, Saturday. Colton Farm brought the petting zoo for entertainment, and helped educate children on properly grooming and feeding animals.**

time.

“A friend noticed what we were doing with the community and with our farm, and they recommended us to the base,” MaryRose Timmons-Colton said. “We were honored when they asked us to come out for the Spring Fair. We have a blast with the military families, and we feel very privileged.”

Putting on a show before the end of the fair, Stevo the clown

performed a juggling show for anyone watching. Wowing the crowd with cool tricks, kids showed plenty of interest and excitement throughout the show.

“Good family events like this one always have a large turnout,” Hawkes said. “You don’t always have to do something different to entertain a crowd, you just have to show them you genuinely care.”



# How many idiots does it take to fill out a 1040?

**Lisa Smith Molinari**  
*Contributing Writer*

“Oh crud, we need to do our taxes,” I recently exclaimed to my husband, as I do every year around this time.

After exhausting every reason to procrastinate – cleaning out the vegetable drawer, perusing old Hickory Farms catalogues left over from Christmas, clipping toenails, surfing eBay for vintage bar signs, napping — we finally faced the music.

Coffee and a folder haphazardly filled with paperwork in hand, my husband and I reluctantly plopped down in front of our computer to complete the dreaded annual tax forms.

We haven’t had the best luck preparing our tax forms over the years, and are conditioned to avoid the experience. Despite my law degree and my husband’s master’s degree in finance, neither of us ever grasped the simple concepts relevant to our personal income tax forms.

In law school, I took a Tax Law course and could write a scholarly paper on whether the federal income tax is a direct tax or an excise tax based on the 16th Amendment and the Supreme Court’s opinion in the Pollock case, but I struggled with my 1040EZ.

My husband’s master’s thesis at the Naval Postgraduate School was entitled “Congress, Defense, and the Deficit: An Analysis of the FY 1996 Budget Process in the 104th Congress,” but he couldn’t tell the difference between short and long term capital gains if his retirement depended on it.

But every year, we begrudgingly spread out our paperwork and somehow fulfill our obligations as taxpayers.

One year, we wanted to act like grown-ups, so we hired an accountant while stationed in Norfolk, Va. He was a charming Southern gentleman with blue eyes, silver white hair and a matching tidy moustache. He called me “ma’am” and politely sat with us one balmy evening in the early days of spring. Over the season’s first lemonades, we casually chatted about our finances, and he gathered all the



Courtesy photo

information he needed to prepare and file our returns. It was so easy, we wondered why we hadn’t been doing it this way all along.

The next year, we tried to contact our charming accountant to do our taxes again, but strangely, he never returned our calls.

We soon found out that he couldn’t call us back because he was locked up in the big house. Turns out, our Southern gentleman was politely holding himself out as a CPA without a license, embezzling from clients, and obtaining money under false pretenses. Oops. Back to the drawing board.

Since then, we have been using TurboTax, a seemingly idiot-proof program which leads the user through a simplified series of questions

designed to accurately calculate all income and deductions. Somehow, my husband and I still have no idea what is going on.

“Do we qualify for the child tax credit?” I asked, as my husband slurped his coffee. “Heck if I know ... just do whatever we did last year, that seemed to work,” he said nonchalantly.

“I forget, do we have Roth IRAs or regular IRAs?” I said a few minutes later. Riffing through a pile of papers, my husband found our statements, which might as well have been written in Chinese. “Roth, but what on Earth is a ‘recharacterized contribution’?”

My eyes started to cross as I tried to decipher our mutual fund papers. “Is ‘cost basis’ the same as ‘purchase price’?” I said, searching my faded

memory bank. “I don’t know, just punch in \$200 and see what happens,” my husband suggested.

After four hours, two pots of coffee, three calls to our financial manager, and at least a dozen choice expletives, we finally figured it all out and dutifully sent our forms off to Uncle Sam.

We won’t get our return check for several weeks, but rest assured, we’ve already spent it, and lost the receipt. When our bank statements arrive, we won’t know how to balance the checkbook. And next spring, we’ll be back in front of our computer, dazed and confused all over again. Apparently, there are a few more things in life that are certain aside from death and taxes.

**<http://themeatandpotatoesoflife.com>**



# Prime For Life helps Marines, sailors

**Lance Cpl. Janelle Y. Chapman**

*Marine Corps Base Hawaii*

Prime for Life, a fairly new course introduced to Marine Corps Base Hawaii, was implemented in July 2012. The Prime for Life website defines the program as a drug and alcohol program designed to challenge common beliefs and attitudes gently but powerfully to reduce the risk of health and impairment problems due to high-risk alcohol and drug use.

More than 2 million people have participated in the evidence-based curriculum since it was founded in 1983. The program has courses ranging from four and a half hours to 20 hours long. MCB Hawaii facilitators teach the 16-hour curriculum in a two-day course conducted at the Base Substance Abuse Counseling Center.

The course was used in the private sector before the Marine Corps implemented it. As of April 2013, MCB Hawaii has conducted the eighth version of the program for nine months.

“There are similar programs to Prime for Life, however, the Prime for Life program initiated last July is science and evidence-based and replaced the Alcohol Impact Course which was not evidence-based,” said Jonathan Barkley, a retired Marine, Certified Prevention Specialist, and facilitator for Prime for Life courses.

Prime for Life is a free course conducted aboard base and available to all active duty Marines, sailors, and qualified family members struggling with alcohol abuse and drug addiction. Prime for Life is an education level class and not a treatment program.

“What I appreciate about the curriculum is the scientific aspects, the biological and behavioral studies and evidence included and not just based on opinion and personal bias,” Barkley said. “You can’t defeat the science of what high risk alcohol use and abuse of drugs will do to you regardless of your rank, sex, income, how many deployments you’ve completed or how many sports you participated in. Alcohol and drug addiction knows no boundaries.”

To attend the Prime for Life course, a person must either be command referred or a self-referral. A command



Kristen Wong | Hawaii Marine

**Cpl. Anthony Watkins, non-destructive inspection technician, Marine Aviation Logistics Squadron 24, takes an anonymous survey about alcohol consumption at Mokapu Mall, April 19, 2012. The Substance Abuse Counseling Center asked people to fill out surveys about drinking to gather useful data that will help in planning future training.**

referral could originate from the chain of command when a Marine or sailor is identified through an alcohol or drug related incident. A self-referral would be a Marine, sailor, or family member, who wasn’t necessarily involved in an incident, but thinks he or she may have questions or issues they want to explore with the Substance Abuse Counseling Center team.

Command and self-referrals for active duty personnel require a visit with their unit’s Substance Abuse Control Officer and be interviewed.

Afterward, the SACO will make an appointment for the Marine or sailor at the SACC. Civilian family members can go directly to the SACC for an interview and screening. All referrals are seen by professional SACC counselors.

Barkley stated some clients realize they may have issues while others may not understand the extent of their issues. The SACC is fully prepared to support and assist active duty personnel and their adult family members. The SACC

also provides immediate assistance with local referral information for those under the age of 18.

The course is conducted in an informal yet structured setting at the SACC. The clients receive a Prime for Life workbook full of insightful educational materials and activity scenarios. The course uses slide presentations, group activities and videos of actual cases and actor-based scenarios. Interaction and discussion is a pivotal component for clients and the facilitators.

“The number of participants varies each month,” Barkley said. “Ideally, classroom sizes range anywhere from five clients to 15, but approximately 30 clients is the maximum number of people we prefer for each class.”

The Prime for Life course also includes a mandatory Alcoholics Anonymous and Narcotics Anonymous meeting attended by each client.

“Prime for Life satisfies most states’ requirements for a person to be able to apply for reinstatement of driver’s

license privileges if those privileges have been lost,” Barkley said. “The state of Hawaii requires attendance and completion of a minimum 14-hour education program to apply for reinstatement of driving privileges. The SACC’s Prime for Life education meets the state’s requirement at no cost to our clientele.”

Barkley said he endeavors to influence not only immediate short-term improvements with a client but also improved long-term quality of life results for each client. He strives to provide the most current information and educational tools to prepare Marines and sailors for successful future low-risk choices and decisions after their military obligations are completed.

“I’m looking at the long term past their military enlistment,” Barkley said. “A lifetime of wiser choices directly related to early education and prevention from the opportunities presented during an individual’s enlistment can be priceless life lessons. Not only does the individual ‘win,’ but everyone else ‘wins’ in the short and long term because of better health, lower medical costs, better relationships, productivity and improved quality of life. Many individuals don’t stop to think about how the decisions they make today by living in the moment can affect their lives and others today, next month, or years from now. The consequences can be deadly.”

The Prime for Life course uses a very thorough and detailed self-assessment examination as well as an array of tools the client can use to make better, wiser choices in relation to alcohol, prescription and illegal drug use. Barkley thinks the evidence-based curriculum should be taught to every Marine and sailor to better educate and prevent incidents prior to the event happening rather than afterward or only as a command or self-referral.

“We are researching the possibility of conducting a four and a half hour condensed version of Prime for Life providing an updated, evidence-based course of professional military education across the board for all Marines and sailors for the good of the Marine Corps and society in general,” Barkley said.



# Hawaii Marine Lifestyles



**ABOVE LEFT:** A performer from the Polynesian Cultural Center dances a traditional Hawaiian hula during the grand opening of Hawaii Village. **ABOVE RIGHT:** The Hale Alii, or the “chief’s house,” is one of the structures at the newly renovated village.

## Polynesian Cultural Center celebrates 50 years, opens new attractions

Story and photos by Kristen Wong

Marine Corps Base Hawaii

**LAIE, Hawaii** — The theater grows dark as the curtains are drawn. The audience gazes at the large screen displaying a family of ancient Hawaiians, sitting by a warm fire, illuminated by its orange glow. The journey has begun.

The Polynesian Cultural Center, a nonprofit organization that has brought many Pacific cultures alive to locals and tourists since 1963, recently introduced new developments to its programs. Since 2011, the center embarked on a five-year-long series of improvements. This year, the center re-opened its Hukilau Theater as the new Hawaiian Journey Theater and a renovated Hawaii Village.

Guests visiting Hawaiian Journey Theater will travel through a dark, cavernous abyss, filled with the sounds of Hawaii’s natural music, like the crash of ocean waves or volcano rumbles. They emerge from the darkness into a vast theater filled with 450 seats, more than half of which produce special effects. As the audience watches a helicopter ride through the mountains, valleys and waters of the Hawaiian Islands, the special effects seats will gently lift, tilt and turn, giving the viewer a realistic experience.

The 13-minute film is available in nine different languages including Hawaiian. Hearing impaired visitors have rearview mirrors available through which they can read the film’s narration from a screen in the back of the theater.

Sandy Pukahi, a Laie resident who worked at the center for 10 years, came to the grand opening celebration of Hawaiian Journey Theater and the new Hawaii Village.

“I see that the center is moving forward in its purpose,” Pukahi said. “It has blossomed.”

The center was still young when Pukahi was employed there. She wore many hats, from being a cashier to dancing the hula, singing, greeting customers and leading tours.

Pukahi said she enjoyed the cinematography of the film and the special effects seats. She plans to encourage her children to experience the theater.

“It’s like you’re actually on that journey,” Pukahi said.

A brisk walk or a canoe ride will take visitors to the new Hawaii Village, which is just one of seven villages featured at the center. Each village gives visitors a taste of various Pacific Region cultures such as Samoa, Tahiti and Tonga.

“This is a special time for us as we celebrate our 50th anniversary,” said Alfred Grace, chief operating officer at the PCC. “But we are particularly pleased and delighted that the two events that are being celebrated on our 50th anniversary and also preparing the Polynesian Cultural Center for the next 50 years are from the host culture, (Hawaii). That’s very important to all of the Polynesians that we honor our host culture.”

Dancers from the other six villages performed for



**(Third from left)** Alfred Grace, chief operations officer of the Polynesian Cultural Center and honored guests help untie a maile lei during the grand opening of the Hawaiian Journey Theater, March 30. **BELOW:** Special guests listen to Grace’s remarks in the theater.

guests during the grand opening celebration, in honor of Hawaii Village, the village of the “host culture,” as Grace called the Hawaiian Islands, where the center makes its home.

The village consists of various “hales,” or houses filled with Hawaiian artifacts and portraiture. The village also includes a fishpond, or a loko ia, and a loi, which is a terrace filled with water, where Hawaiians would grow taro plants.

“These additions highlight the Hawaiians’ mastery of water usage and demonstrate how early Hawaiians were one with the aina (land) and led a sustainable lifestyle,” said Raymond Mokaio, the manager of the Hawaii Village, in a press release. “The Hawaiians understood that respect for the land and effective management of natural resources were vital to a thriving, long lasting society.”

After the various cultural performances, evening cloaked the sky in darkness, but the lights were still on as visitors to the center enjoyed food, games and special musical entertainment.

“It’s more spacious and open,” said Rachael Napoleon, who visited Hawaii Village for the first time since it was renovated.

Napoleon showed her daughter, Nia, how to roll ulu maika stones while visiting the village. Ulu maika, similar to bowling, is one of the traditional Hawaiian games available at Hawaii Village. Napoleon said now that the village has moved, visitors have more access to the different “hales,” or houses on display.

“This is the way the Hawaiian village is, with all the essential hales,” Pukahi said. “The PCC president’s dreams are the same as all the Polynesians’, to show the world we are a group of wholesome, intelligent people.”






# PASS IN REVIEW

Your weekly guide to the best aspects of entertainment


Welcome to the Pass In Review, your No. 1 source for cinema, music, video game, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week’s critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn’t, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you’re not familiar, here’s a quick breakdown of the ratings ...

- 1/4 — No Impact, No Idea**  
Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.


- 2/4 — High And To The Right**  
Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if there’s nothing better to do.



- 3/4 — On Target**  
Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.


- 4/4 — Confirmed Kill**  
Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.




So, there you have it and we hope you enjoy our weekly reviews. Don't forget, the Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm, feel free to submit your own reviews.

### Better Know A Critic



QIU



CHAPMAN

**Grace Qiu** is probably the only advocate for the end of the world. Addicted to apocalypses and dystopias, she immerses herself in fictional literature while singing along to indie rock. With a love for also superheroes and flying cars, she believes the best movies trap you in the story even after you dazedly exit the theater, and the best books leave your perspective on life slightly shaken.

**Lance Cpl. Janelle Chapman** enjoys a variety of movies, from 80s to romance to thrillers. She needs to feel what the character feels, sadness, pain, happiness. If she doesn’t feel it, then she will surely lose interest. Movies must have an interesting, original plot, good acting, and a little romance. However, every movie has a chance in her eyes.

## Move aside age-old sitcoms, ‘New Girl’ is here

**Grace Qiu**  
Marine Corps Base Hawaii

Sitcoms can be repetitive, bland, and downright boring, with plots that stick to the original recipe of throwing a group of people together and hoping what comes out will be a comedic success. Throw in a dash of innuendos, a sprinkle of well-timed rebuttals, and voila: You have an age-old story done a thousand times before. While these are great for relaxing Sunday evenings before the case of the Mondays, they can’t hold onto viewership for the other days of the week. Now enters “New Girl,” a relatively new sitcom on Fox that provides not only the missing pieces to hook the audience, but also a unique synergy between the characters that can only be achieved once in a lifetime by pure chance.

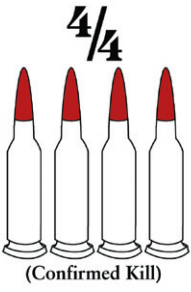
The “new girl”: Jessica “Jess” Day, played by the well-known, blue-eyed Zoey Deschanel, is like a

prepubescent child stuck in a grown woman’s body. She loves all things cute and colorful, so it’s no surprise she works as a teacher. Searching for a new place to live, she answers an ad on Craigslist that was written by whom she thought were a group of women (which turn out to be a group of seemingly manly men. Emphasis on “seemingly,” as the show doesn’t hesitate to divulge the more sensitive side of these hilarious guys). Nevertheless, she convinces the group to let her move in and the adventures begin.

The guys: Winston, played by Lamorne Morris, is a former basketball player who never made it to the NBA and is trying to make a life for himself after leaving an (unsurprisingly) unsuccessful basketball career in Latvia. Nick Miller, played by Jake Johnson, is a bartender who dropped out of law school, an action that is a representation of his personality. He is known in the loft as the lazy one, dressing ca-

sually and often resorting to child-like antics when faced with situations he isn’t comfortable with (i.e. moon walking backwards away from people in the middle of an awkward conversation). Schmidt, played by Max Greenfield, is the polar opposite of Nick; he is wealthy, handsome, and knows it. He is a stickler for fashion and loves cooking fancy cuisine, and acts as the mom of the entire loft despite his manly aura. Greenfield has created this character in such a way that Schmidt has become an icon in the television world, much like Dwight of “The Office,” or Sheldon of “The Big Bang Theory.”

The dynamic among these four characters is rare, a true gem uncovered by mere chance that leads to humor unlike the comedy in any other sitcom I’ve ever watched before. It needs no laughter track to prompt me to chortle; the plain awkwardness of these characters struggling to find their place in life while putting on strong façades is enough to incite the loudest cackles and the deepest sympathies. Describing it is almost beyond words, so the only way to understand what I stumble to convey is to watch it yourself.



## You’re all going to die tonight with ‘Evil Dead’

**Lance Cpl. Janelle Y. Chapman**  
Marine Corps Base Hawaii

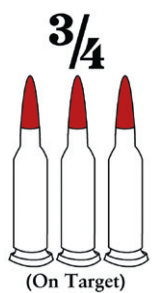
In this blood-and-guts horror film, five friends expect to be spending the weekend helping a friend get over her addiction to drugs, but instead end up fighting a resurrected evil spirit. A drug addict decides it’s time to finally quit her addiction cold turkey, and where else but the comfort of an old, creepy family cabin. Not exactly a great idea. She brings along friends, and her brother for support, hoping this will be the end of her addiction, not the beginning of a possession. The trip starts out as a normal weekend until a smell draws them down into the basement where they find dead cats, witchcraft and an old book. Just like any cliché horror film, someone of course has to open the book and draw out the evil spirits. The evil spirit takes the body of the weakest link, the drug addict. Minute by minute something gruesome and over the top happens, from arms being sawed off to nail-gun


shootings. The film ends in blood raining from the sky over flames engulfing the cabin and a battle between good and evil. I watched most of the movie through my fingers, as my hands covered my eyes for half of the movie. I’m not ashamed to admit I did scream a few times, but I enjoyed it. This film stayed true to the blood, guts, and quirky humor of the original 1981 “The Evil Dead” horror film. I thought it was a great extension and remake, with great characters, what looked to be the same cabin, and of course better make-up. This is a must-see for those original “Evil Dead” fans.



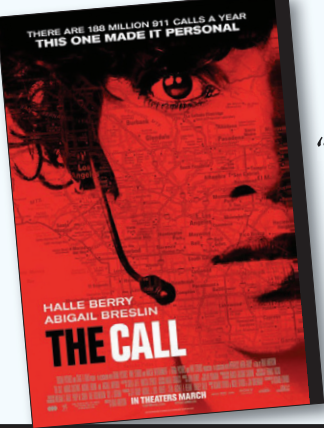
The hidden humor, as in the original, didn’t make the movie any less scary. It did give the movie more character compared with horror films of today. The random dialogue from the possessed caused chuckles among the audience, not only for what was said but because of the voice it was said in. There wasn’t really much in the film that I didn’t like. But it did seem to be more of a remake than continuation, but I thought it was good. Most remakes don’t stay true enough to the plot and story but they stayed right on track. The ending is the only prominent change in this film.

The horror finally ends ... at least that’s what’s portrayed in the last minutes of the film. Then again, you never really know. I don’t know if maybe Sam Raimi (original creator of “The Evil Dead,” and producer for “Evil Dead”) finally had enough of his four movie series, or if he plans to surprise us yet again with another continuation. But this may actually be the finale of “The Evil Dead” series. This movie had heartfelt brotherly love and past pain, cover-your-eyes because-she’s-coming horror, and way too much blood, but that’s what needs to be done to compare to a 1980s horror film. The original is always better but with Raimi producing it, you know it will stay true. He won’t put his name on something that’s cheesy and untrue to his original, but I’ll let you decide.





**Prices:** All shows are \$3.25 for adults and \$2.25 for children. For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call **254-7642** for recorded information.



“Snitch” PG-13	Today   7:15 p.m.
“21 and Over” R	Today   9:45 p.m.
“The Incredible Burt Wonderstone” PG-13	Saturday   7:15 p.m.
“The Call” R	Saturday   9:45 p.m.
“Oz the Great and Powerful” PG	Sunday   2 p.m.
“Jack the Giant Slayer” PG-13	Sunday   6:30 p.m.
“The Call” R	Wednesday 6:30   p.m.



# Building up to recovery

**Lance Cpl. Janelle Y. Chapman**  
*Marine Corps Base Hawaii*

**KAILUA, Hawaii** — Pass through a gate with a sign saying, “Gone to Therapy,” and you will see a barge with the name SS Wounded Warrior. The wooden barge floats in the Kailua canal behind the home of Steve Jensen, a Navy veteran and Wounded Warrior volunteer chaplain.

The barge was built by Marines from Wounded Warrior Battalion West — Detachment Hawaii. Jensen had a barge but it was hazardous, so the Marines volunteered to build him a new one. About three Marines worked on the barge regularly while others stopped by and helped occasionally.

They took the barrels from the old barge and began building the new one from scratch. They built the frame and laid wood for the floor. The railings on the barge had to measure low enough to make it underneath the bridge on the canal. The final touch was a wood stain. It was a type of therapy for the Marines, a way to get away from the hardships of previous deployments and everyday stress.

“We call this barge therapy,” Jensen said.

Jensen, who served for 27 years, opens his home to the wounded warriors. He has a refrigerator outside his house with sodas and water, in case Marines decide to take out the barge when he’s not home. There is even a shower outside for the Marines to rinse



Lance Cpl. Janelle Y. Chapman | Hawaii Marine

**Steve Jensen, a Navy veteran and Wounded Warrior volunteer chaplain, hangs a Marine Corps flag on a barge, Tuesday.**

off. In his shed he has fishing poles and other various items.

Jensen says some of the Marines come over almost every day. They take out the kayaks, go fishing, barbecue or just sit and relax on the barge.

“It’s nice to just chill and relax,” said Cpl. Aaron Metherringham, 20, a wounded warrior with the detachment, and native of Danville, Ind.

Metherringham was one of the Marines who helped build the barge. He started building the barge when it

was already halfway built. He saw his friends were building it and he needed something to do, so he joined them. Every day he was at Jensen’s house, building the barge or tinkering with motors.

“They did a solid job,” Jensen said.

The Marines would buy old, broken motors, fix them up and sell them. The money they made, they used to buy a new motor for the barge.

“It’s perfect,” said Metherringham. “It’s a great thing, but we can always fix it more.”

The work is never done with the barge. The Marines keep it up to par, always cleaning it, and repairing little flaws in it.

There are toy-box like benches on the barge for storage, a banner with the name SS Wounded Warrior on it, a Marine Corps flag that flies high, and other amenities for comfort and accessibility. Jensen has life jackets for children who may ride on the barge.

“We can fit 10 people safely on here,” Jensen said.

There are always people around the Jensen household. He holds barbecues, or family days as they sometimes call it, every month for the wounded warriors and their families. He welcomes all the Marines in the program, calling them a wounded warrior family.

“It seems like a lot of my military career came together to work with the wounded warriors,” said Jensen.

Jensen works a lot with the wounded warriors. He does counseling sessions and is on many boards and committees trying to help get them the best care.

He says he basically works every day, if not over at the detachment office, at home when they come by.

“He does a lot for us,” said Metherringham about Jensen.

The barge may be done but that doesn’t stop the Marines from stopping by to tweak little things on it or just ride it around.

The barge will always get good use from Jensen and the Marines.



Carolyn Lee | Hawaii Marine

## MOKAPU STUDENTS D.A.R.E. TO SWEAR OFF DRUGS, ALCOHOL

Marc Rivera, D.A.R.E. officer with the Provost Marshal’s Office, and McGruff the Crime Dog congratulate the 75 fifth-graders at Mokapu Elementary School for completing the nine-session Drug Abuse Resistance Education program, April 5. Each student received a certificate at the graduation ceremony held in the school cafeteria. They had met once a month, in 45-minute classes, for nine months to discuss making responsible decisions about drugs and alcohol. D.A.R.E. is a worldwide program that began in 1983 in Los Angeles. It teaches children and young adults to say “no” to drugs and alcohol. At the end of the graduation, the fifth-graders raised their hands to take the D.A.R.E. pledge, which says in part: “I can stand up for myself and stick to my decision to live a drug-free life.”



COMMUNITY BRIEFS

Monthly Recycling for HI 5 cent redemption

HI 5 cent redemption service has been changed to once a month. The first Friday of every month will be the only day the recycling contractor RRR will be on base across from the MCX Annex from 11 a.m. to 4 p.m. For details, call Jim Sibert at 257-4300.

Bring your family to the Keiki Aloha Expo

Join Marine and Family Programs for the Keiki Aloha Expo, today at the Klipper Fairways Ballroom from 3 to 6 p.m. Mini workshops include infant sign language, benefits of breastfeeding and more. Call 257-8803, for more information.

Juvenile Diabetes Research Foundation’s Hawaii Chapter seeks volunteers

Dedicated and active volunteers are the backbone of the Juvenile Diabetes Research Foundation, founded in 1970 to improve the lives of every person affected by type 1 diabetes by accelerating progress on the most promising opportunities for curing, better treating and preventing T1D. JDRF collaborates with a wide spectrum of partners and is the only organization with the scientific resources, regulatory influence, and a working plan to better treat, prevent, and eventually cure T1D. There are many ways you can make a difference, including helping out at the main office, working at an event or serving on a committee. Email Hawaii@jdrf.org, for more information.

Earth Day beach cleanup of Pyramid Rock and North Beach

Sustainable Coastlines invites you to celebrate Earth Day by participating in a special cleanup project of Pyramid Rock and North Beach aboard Marine Corps Base Hawaii. All who live and work aboard the installation are welcome to volunteer. The event will take place April 20 at 8:30 a.m. More information about Sustainable Coastlines is available at schawaii.com. You may also contact Tristan Cummins at 748-3953 or Tristan@sustainablecoastlineshawaii.org.

YMCA Healthy Kids Day in Honolulu

The YMCA is holding its fifth annual YMCA Healthy Kids Day, with family-friendly activities from 9 a.m. to 2 p.m. Saturday at the Bishop Museum’s great lawn, 1525 Bernice St., Honolulu. More than 30 booths will offer activities and games in highlighting the importance of physical activity and healthy choices. Admission is free for military families and local residents presenting ID. Doors will open at 8:30 a.m. You can save time and enter through the express entrance, by pre-registering on the YMCA website, <http://www.ymcahonolulu.org>. Click on “Healthy Kids Day 2013.” Be sure to print out a ticket. The free admission will also get you into the Bishop Museum and its Xtreme Bugs exhibit, at no charge.

Celebrate the 86th annual Lei Day in Honolulu

The 86th annual Lei Day celebration is May 1 from 9 a.m. to 5:30 p.m. at the Queen Kapiolani Regional Park and Bandstand in Waikiki. The Lei Contest Exhibit is open to the public in the open area between the bandstand and the shell, from 1 to 5:30 p.m. Hear stories, play Hawaiian games, learn how to make crafts. The 2013 Lei Contest rules and the most current activities schedule are available at <http://www1.honolulu.gov/parks/programs/leiday/index.htm>.

**Need a new ID?** Currently walk-ins are accepted from 7:30 to 9 a.m. on operational days. Otherwise, you must make an appointment online at <https://rapids-appointments.dmdc.osd.mil/>.

- Appointments are available at 20-minute intervals from 9 a.m. through 3 p.m. weekdays.
- Appointments are subject to closures due to holidays, manpower shortages and technical issues.
- Only one appointment is necessary per family.
- A list of required documents is available at the website above.

**Questions? Call the Site Security Manager at 257-2077.**

**MARINE MAKEPONO**  
Means ‘Marine Bargains’ in Hawaiian

**Boat for sale.** Selling Seaswirl Striper boat and trailer. Features a 20-gallon fuel tank with a 90 horsepower Yamaha 2-stroke outboard motor. Includes safety equipment and Garmin GPS with fish finder. \$14,000 or best offer. Call Wesley at 772-2647.

**Kaneohe studio apartment for rent.** Large deck with ocean view of Chinaman’s Hat and Marine Corps Base Hawaii. Includes custom bathroom with hot tub/shower, covered parking, refrigerator and sink with disposal. No smoking or barbecuing. \$1,300. For more information, call 239-5459.

*If you would like to sell, buy or trade something in the Marine Makepono section of the Hawaii Marine, fill out a form at the Marine Corps Base Hawaii Public Affairs Office in building 216, room 19. Please have your military ID and a short write-up of what you’d like to run. You can fill out the form on the spot or return it to the office later. Emails, faxes and telephone calls are not accepted for Makepono classified ads. Marine Makepono may only be used by active duty, reserve, retirees or their immediate families.*